YMCA POOL SCHEDULE



REC/THERAPY POOL

| Schedule Begins Wednesday, June 5th and is subject | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---------------------------|---------------------------|---------------------------------------|---------------------------|--------------------------|---------------------------|---------------------------|
| to change. | 5a-7:45a Adult Swim | 5a-7:45a Adult Swim | 5a-7:45a Adult Swim | 5a-7:45a Adult Swim | 5a-7:45a Adult Swim | 6a–8:15a Adult Swim | 6a-9:15a Adult Swim |
| Participationin | | | | | | | |
| aquafitnessclasses requiressignup. You can sign up using the Bloomington-Normal YMCA app and our website | 8a-8:45a Open Swim | 8a-8:45a Aqua Fit | 8a-8:45a Open Swim | 8a-8:45a Aqua Fit | 8a-8:45a Open Swim | 830a-11a Swim School | 9:30a-12p Swim School |
| | 9a-9:45a Aqua Fit | 8:45a -11a Summer Camp | 9a-9:45a Aqua Fit | 8:45a -11a Summer Camp | 9a-9:45a Aqua Fit | | |
| bnymca.org/schedules. | 10a-10:45a Open Swim | | 10a-10:45a Open Swim | | 10a-10:45a Open Swim | | |
| Aqua Fitness Class: Members 18 years and older for instructor led class. The pool will be | 11a-12:15p Adult Swim | 11:15a-12p Aqua Fit | 11a-12:15p Adult Swim | 11:15a-12p Aqua Fit | 11a-12:15p Adult Swim | | |
| closed during Aqua Fit classes. Please see our Aqua Fitness schedule for more details about our offerings. | 12:15p-5:45p Open Swim | 12p-3:45p Open Swim | 12:15p-3:45p Open Swim | 12p-3:45p Open Swim | 1:30p-8:30p Open Swim | 11:15a-7:30p Open Swim | 12:15p-2:45p Open Swim |
| Open Swim: Adults MUST be in the water at all times with children 15 and under | | 4p-6:30p | 4p-6:30p | 4p-6:30p | | | |
| who cannot pass a swim test and do not wear a life jacket | 6р-6:45р Aqua Fit | Swim School | Swim School 630p-830p Open Swim | Swim School | | | 2:45p-4p Sensory Swim |
| Splash Pad: The splash pad will be available during open swim only. | 7p-8:30p Open Swim | 6:45p-8:30p Open Swim | openswin | 6:45p-8:30p Open Swim | | | 4p-7:30p Open Swim |
| Adult Swim: Members must be 18 years and older. | | | | | | | |
| Swim School: | | | | | | | |

The Rec/Therapy Pool is closed during Swim School.

Summer Camp Locker Room Closures: The Mens and Womens Locker Rooms will be closed from 9:45a -10:15a and 10:45a - 11:15a on Tuesdays and Thursdays during our Summer Camp season.